

# Nothern Travels

**Duty: 70/07**

Day(s): Every Day

Start Time: 01:30 - End Time: 23:54

**Break Times:**

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 01:30 - Arrive: 02:40 1

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 12:45 - Arrive: 13:54 10

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 02:45 - Arrive: 03:54 2

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 14:00 - Arrive: 15:10 11

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 04:00 - Arrive: 05:10 3

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 15:15 - Arrive: 16:24 12

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 05:15 - Arrive: 06:24 4

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 16:30 - Arrive: 17:40 13

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 06:30 - Arrive: 07:40 5

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 17:45 - Arrive: 18:54 14

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 07:45 - Arrive: 08:54 6

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 19:00 - Arrive: 20:10 15

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 09:00 - Arrive: 10:10 7

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 20:15 - Arrive: 21:24 16

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 10:15 - Arrive: 11:24 8

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 21:30 - Arrive: 22:40 17

**From:** Workington  
**To:** Penrith

**Route:**70

Depart: 11:30 - Arrive: 12:40 9

**From:** Penrith  
**To:** Workington

**Route:**70

Depart: 22:45 - Arrive: 23:54 18