

# MHR Plymouth

**Duty: wDay/Mainstone/Orbiter/ACW/07**

Day(s): Weekdays

Start Time: 07:40 - End Time: 17:48

**Break Times:**

**From:** ACW Loop, Royal Parade  
**To:** ACW Loop, Mainstone

**Route:**44

Depart: 07:40 - Arrive: 08:00 1

**From:** ACW Loop, Mainstone  
**To:** ACW Loop, Royal Parade

**Route:**44

Depart: 08:00 - Arrive: 08:48 2

**From:** ACW Loop, Royal Parade  
**To:** ACW Loop, Mainstone

**Route:**44

Depart: 08:50 - Arrive: 09:10 3

**From:** ACW Loop, Mainstone  
**To:** ACW Loop, Royal Parade

**Route:**44

Depart: 09:10 - Arrive: 09:58 4

**From:** ACW Loop, Royal Parade  
**To:** ACW Loop, Mainstone

**Route:**44

Depart: 15:30 - Arrive: 15:50 5

**From:** ACW Loop, Mainstone  
**To:** ACW Loop, Royal Parade

**Route:**44

Depart: 15:50 - Arrive: 16:38 6

**From:** ACW Loop, Royal Parade  
**To:** ACW Loop, Mainstone

**Route:**44

Depart: 16:40 - Arrive: 17:00 7

**From:** ACW Loop, Mainstone  
**To:** ACW Loop, Royal Parade

**Route:**44

Depart: 17:00 - Arrive: 17:48 8