

# London Central Connect

**Duty: MON-SUN 86/22**

Day(s): Every Day

Start Time: 07:34 - End Time: 19:20

**Break Times:**

**From:** Stratford  
**To:** Romford

**Route:**86

Depart: 07:34 - Arrive: 08:34 1

**From:** Romford  
**To:** Stratford

**Route:**86

Depart: 08:34 - Arrive: 09:49 2

**From:** Stratford  
**To:** Romford

**Route:**86

Depart: 09:54 - Arrive: 10:54 3

**From:** Romford  
**To:** Stratford

**Route:**86

Depart: 12:00 - Arrive: 13:07 4

**From:** Stratford  
**To:** Romford

**Route:**86

Depart: 13:11 - Arrive: 14:15 5

**From:** Romford  
**To:** Stratford

**Route:**86

Depart: 14:17 - Arrive: 15:26 6

**From:** Stratford  
**To:** Romford

**Route:**86

Depart: 15:29 - Arrive: 16:46 7

**From:** Romford  
**To:** Stratford

**Route:**86

Depart: 16:49 - Arrive: 18:01 8

**From:** Stratford  
**To:** Romford

**Route:**86

Depart: 18:04 - Arrive: 19:20 9