

# EastCoast Cumbria & Lancashire

**Duty: M-190-02**

Day(s): Every Day

Start Time: 06:15 - End Time: 21:33

**Break Times:**

|                                                                                                                                               |                                                                                                                                                |                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 06:15 - Arrive: 06:331 | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 08:55 - Arrive: 09:078  | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 11:30 - Arrive: 11:4815 |
| <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 06:40 - Arrive: 06:522 | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 09:15 - Arrive: 09:339  | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 11:55 - Arrive: 12:0716 |
| <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 07:00 - Arrive: 07:183 | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 09:40 - Arrive: 09:5210 | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 12:15 - Arrive: 12:3317 |
| <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 07:25 - Arrive: 07:374 | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 10:00 - Arrive: 10:1811 | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 12:40 - Arrive: 12:5218 |
| <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 07:45 - Arrive: 08:035 | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 10:25 - Arrive: 10:3712 | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 13:00 - Arrive: 13:1819 |
| <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 08:10 - Arrive: 08:226 | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 10:45 - Arrive: 11:0313 | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 13:25 - Arrive: 13:3720 |
| <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 08:30 - Arrive: 08:487 | <b>From:</b> Morecambe Bus Station Stand 2<br><b>To:</b> Lancaster Bus Station Stand 3<br><b>Route:</b> 190<br>Depart: 11:10 - Arrive: 11:2214 | <b>From:</b> Lancaster Bus Station Stand 3<br><b>To:</b> Morecambe Bus Station Stand 2<br><b>Route:</b> 190<br>Depart: 13:45 - Arrive: 14:0321 |

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|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>2</b>             | <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> |
| <b>Route:</b> 190<br>Depart: 14:10 - Arrive: 14:2222                                                       | <b>Route:</b> 190<br>Depart: 16:45 - Arrive: 17:0329                                                       | <b>Route:</b> 190<br>Depart: 19:25 - Arrive: 19:3736                                                       |
| <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> | <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> |
| <b>Route:</b> 190<br>Depart: 14:30 - Arrive: 14:4823                                                       | <b>Route:</b> 190<br>Depart: 17:10 - Arrive: 17:2230                                                       | <b>Route:</b> 190<br>Depart: 19:45 - Arrive: 20:0337                                                       |
| <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> | <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> |
| <b>Route:</b> 190<br>Depart: 14:55 - Arrive: 15:0724                                                       | <b>Route:</b> 190<br>Depart: 17:30 - Arrive: 17:4831                                                       | <b>Route:</b> 190<br>Depart: 20:10 - Arrive: 20:2238                                                       |
| <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> | <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> |
| <b>Route:</b> 190<br>Depart: 15:15 - Arrive: 15:3325                                                       | <b>Route:</b> 190<br>Depart: 17:55 - Arrive: 18:0732                                                       | <b>Route:</b> 190<br>Depart: 20:30 - Arrive: 20:4839                                                       |
| <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> | <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> |
| <b>Route:</b> 190<br>Depart: 15:40 - Arrive: 15:5226                                                       | <b>Route:</b> 190<br>Depart: 18:15 - Arrive: 18:3333                                                       | <b>Route:</b> 190<br>Depart: 20:55 - Arrive: 21:0740                                                       |
| <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> | <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> |
| <b>Route:</b> 190<br>Depart: 16:00 - Arrive: 16:1827                                                       | <b>Route:</b> 190<br>Depart: 18:40 - Arrive: 18:5234                                                       | <b>Route:</b> 190<br>Depart: 21:15 - Arrive: 21:3341                                                       |
| <b>From:</b> Morecambe Bus Station Stand<br><b>To:</b> Lancaster Bus Station Stand<br><b>2</b><br><b>3</b> | <b>From:</b> Lancaster Bus Station Stand<br><b>To:</b> Morecambe Bus Station Stand<br><b>3</b><br><b>2</b> |                                                                                                            |
| <b>Route:</b> 190<br>Depart: 16:25 - Arrive: 16:3728                                                       | <b>Route:</b> 190<br>Depart: 19:00 - Arrive: 19:1835                                                       |                                                                                                            |