

EastCoast London

Duty: LI-289-04

Day(s): Every Day

Start Time: 04:30 - End Time: 22:52

Break Times:

From: Ilford To: Grove Park Route: 289 Depart: 04:30 - Arrive: 05:171	From: Grove Park To: Ilford Route: 289 Depart: 12:07 - Arrive: 12:5210	From: Ilford To: Grove Park Route: 289 Depart: 19:40 - Arrive: 20:2719
From: Grove Park To: Ilford Route: 289 Depart: 05:27 - Arrive: 06:122	From: Ilford To: Grove Park Route: 289 Depart: 13:00 - Arrive: 13:4711	From: Grove Park To: Ilford Route: 289 Depart: 20:27 - Arrive: 21:1220
From: Ilford To: Grove Park Route: 289 Depart: 06:20 - Arrive: 07:073	From: Grove Park To: Ilford Route: 289 Depart: 13:47 - Arrive: 14:3212	From: Ilford To: Grove Park Route: 289 Depart: 21:20 - Arrive: 22:0721
From: Grove Park To: Ilford Route: 289 Depart: 07:07 - Arrive: 07:524	From: Ilford To: Grove Park Route: 289 Depart: 14:40 - Arrive: 15:2713	From: Grove Park To: Ilford Route: 289 Depart: 22:07 - Arrive: 22:5222
From: Ilford To: Grove Park Route: 289 Depart: 08:00 - Arrive: 08:475	From: Grove Park To: Ilford Route: 289 Depart: 15:27 - Arrive: 16:1214	
From: Grove Park To: Ilford Route: 289 Depart: 08:47 - Arrive: 09:326	From: Ilford To: Grove Park Route: 289 Depart: 16:20 - Arrive: 17:0715	
From: Ilford To: Grove Park Route: 289 Depart: 09:40 - Arrive: 10:277	From: Grove Park To: Ilford Route: 289 Depart: 17:07 - Arrive: 17:5216	
From: Grove Park To: Ilford Route: 289 Depart: 10:27 - Arrive: 11:128	From: Ilford To: Grove Park Route: 289 Depart: 18:00 - Arrive: 18:4717	
From: Ilford To: Grove Park Route: 289 Depart: 11:20 - Arrive: 12:079	From: Grove Park To: Ilford Route: 289 Depart: 18:47 - Arrive: 19:3218	