

Cross Border Coaches

Duty: X4

Day(s): Every Day

Start Time: 05:00 - End Time: 23:57

Break Times:

From: Penrith To: Workington	From: Workington To: Penrith	From: Penrith To: Workington
Route: X4	Route: X4	Route: X4
Depart: 05:00 - Arrive: 05:571	Depart: 14:00 - Arrive: 14:5610	Depart: 23:00 - Arrive: 23:5719
From: Workington To: Penrith	From: Penrith To: Workington	
Route: X4	Route: X4	
Depart: 06:00 - Arrive: 06:562	Depart: 15:00 - Arrive: 15:5711	
From: Penrith To: Workington	From: Workington To: Penrith	
Route: X4	Route: X4	
Depart: 07:00 - Arrive: 07:573	Depart: 16:00 - Arrive: 16:5612	
From: Workington To: Penrith	From: Penrith To: Workington	
Route: X4	Route: X4	
Depart: 08:00 - Arrive: 08:564	Depart: 17:00 - Arrive: 17:5713	
From: Penrith To: Workington	From: Workington To: Penrith	
Route: X4	Route: X4	
Depart: 09:00 - Arrive: 09:575	Depart: 18:00 - Arrive: 18:5614	
From: Workington To: Penrith	From: Penrith To: Workington	
Route: X4	Route: X4	
Depart: 10:00 - Arrive: 10:566	Depart: 19:00 - Arrive: 19:5715	
From: Penrith To: Workington	From: Workington To: Penrith	
Route: X4	Route: X4	
Depart: 11:00 - Arrive: 11:577	Depart: 20:00 - Arrive: 20:5616	
From: Workington To: Penrith	From: Penrith To: Workington	
Route: X4	Route: X4	
Depart: 12:00 - Arrive: 12:568	Depart: 21:00 - Arrive: 21:5717	
From: Penrith To: Workington	From: Workington To: Penrith	
Route: X4	Route: X4	
Depart: 13:00 - Arrive: 13:579	Depart: 22:00 - Arrive: 22:5618	