

Cross Border Coaches

Duty: X4 Day(s): Every Day			Start Time: 04:30 - End Time: 23:27 Break Times:		
From: Penrith To: Workington			From: Workington To: Penrith		
Route: X4			Route: X4		
Depart: 04:30 - Arrive: 05:27	1		Depart: 13:30 - Arrive: 14:26	10	
From: Workington To: Penrith			From: Penrith To: Workington		
Route: X4			Route: X4		
Depart: 05:30 - Arrive: 06:26	2		Depart: 14:30 - Arrive: 15:27	11	
From: Penrith To: Workington			From: Workington To: Penrith		
Route: X4			Route: X4		
Depart: 06:30 - Arrive: 07:27	3		Depart: 15:30 - Arrive: 16:26	12	
From: Workington To: Penrith			From: Penrith To: Workington		
Route: X4			Route: X4		
Depart: 07:30 - Arrive: 08:26	4		Depart: 16:30 - Arrive: 17:27	13	
From: Penrith To: Workington			From: Workington To: Penrith		
Route: X4			Route: X4		
Depart: 08:30 - Arrive: 09:27	5		Depart: 17:30 - Arrive: 18:26	14	
From: Workington To: Penrith			From: Penrith To: Workington		
Route: X4			Route: X4		
Depart: 09:30 - Arrive: 10:26	6		Depart: 18:30 - Arrive: 19:27	15	
From: Penrith To: Workington			From: Workington To: Penrith		
Route: X4			Route: X4		
Depart: 10:30 - Arrive: 11:27	7		Depart: 19:30 - Arrive: 20:26	16	
From: Workington To: Penrith			From: Penrith To: Workington		
Route: X4			Route: X4		
Depart: 11:30 - Arrive: 12:26	8		Depart: 20:30 - Arrive: 21:27	17	
From: Penrith To: Workington			From: Workington To: Penrith		
Route: X4			Route: X4		
Depart: 12:30 - Arrive: 13:27	9		Depart: 21:30 - Arrive: 22:26	18	