

Adam Rail

Duty: 4405

Day(s): Every Day

Start Time: 04:25 - End Time: 23:00

Break Times:

From: Southend Victoria To: Shenfield Route: ■ Depart: 04:25 - Arrive: 04:411	From: Shenfield To: Southend Victoria Route: ■ Depart: 08:45 - Arrive: 09:0010	From: Southend Victoria To: Shenfield Route: ■ Depart: 13:25 - Arrive: 13:4119
From: Shenfield To: Southend Victoria Route: ■ Depart: 04:45 - Arrive: 05:002	From: Southend Victoria To: Shenfield Route: ■ Depart: 09:25 - Arrive: 09:4111	From: Shenfield To: Southend Victoria Route: ■ Depart: 13:45 - Arrive: 14:0020
From: Southend Victoria To: Shenfield Route: ■ Depart: 05:25 - Arrive: 05:413	From: Shenfield To: Southend Victoria Route: ■ Depart: 09:45 - Arrive: 10:0012	From: Southend Victoria To: Shenfield Route: ■ Depart: 14:25 - Arrive: 14:4121
From: Shenfield To: Southend Victoria Route: ■ Depart: 05:45 - Arrive: 06:004	From: Southend Victoria To: Shenfield Route: ■ Depart: 10:25 - Arrive: 10:4113	From: Shenfield To: Southend Victoria Route: ■ Depart: 14:45 - Arrive: 15:0022
From: Southend Victoria To: Shenfield Route: ■ Depart: 06:25 - Arrive: 06:415	From: Shenfield To: Southend Victoria Route: ■ Depart: 10:45 - Arrive: 11:0014	From: Southend Victoria To: Shenfield Route: ■ Depart: 15:25 - Arrive: 15:4123
From: Shenfield To: Southend Victoria Route: ■ Depart: 06:45 - Arrive: 07:006	From: Southend Victoria To: Shenfield Route: ■ Depart: 11:25 - Arrive: 11:4115	From: Shenfield To: Southend Victoria Route: ■ Depart: 15:45 - Arrive: 16:0024
From: Southend Victoria To: Shenfield Route: ■ Depart: 07:25 - Arrive: 07:417	From: Shenfield To: Southend Victoria Route: ■ Depart: 11:45 - Arrive: 12:0016	From: Southend Victoria To: Shenfield Route: ■ Depart: 16:25 - Arrive: 16:4125
From: Shenfield To: Southend Victoria Route: ■ Depart: 07:45 - Arrive: 08:008	From: Southend Victoria To: Shenfield Route: ■ Depart: 12:25 - Arrive: 12:4117	From: Shenfield To: Southend Victoria Route: ■ Depart: 16:45 - Arrive: 17:0026
From: Southend Victoria To: Shenfield Route: ■ Depart: 08:25 - Arrive: 08:419	From: Shenfield To: Southend Victoria Route: ■ Depart: 12:45 - Arrive: 13:0018	From: Southend Victoria To: Shenfield Route: ■ Depart: 17:25 - Arrive: 17:4127

From: Shenfield
To: Southend Victoria

Route:■

Depart: 17:45 - Arrive: 18:00 28

From: Southend Victoria
To: Shenfield

Route:■

Depart: 18:25 - Arrive: 18:41 29

From: Shenfield
To: Southend Victoria

Route:■

Depart: 18:45 - Arrive: 19:00 30

From: Southend Victoria
To: Shenfield

Route:■

Depart: 19:25 - Arrive: 19:41 31

From: Shenfield
To: Southend Victoria

Route:■

Depart: 19:45 - Arrive: 20:00 32

From: Southend Victoria
To: Shenfield

Route:■

Depart: 20:25 - Arrive: 20:41 33

From: Shenfield
To: Southend Victoria

Route:■

Depart: 20:45 - Arrive: 21:00 34

From: Southend Victoria
To: Shenfield

Route:■

Depart: 21:25 - Arrive: 21:41 35

From: Shenfield
To: Southend Victoria

Route:■

Depart: 21:45 - Arrive: 22:00 36

From: Southend Victoria
To: Shenfield

Route:■

Depart: 22:25 - Arrive: 22:41 37

From: Shenfield
To: Southend Victoria

Route:■

Depart: 22:45 - Arrive: 23:00 38
