

Adam Rail

Duty: 4405

Day(s): Every Day

Start Time: 04:00 - End Time: 23:35

Break Times:

From: Southend Victoria To: Shenfield Route: ■ Depart: 04:00 - Arrive: 04:161	From: Shenfield To: Southend Victoria Route: ■ Depart: 08:20 - Arrive: 08:3510	From: Southend Victoria To: Shenfield Route: ■ Depart: 13:00 - Arrive: 13:1619
From: Shenfield To: Southend Victoria Route: ■ Depart: 04:20 - Arrive: 04:352	From: Southend Victoria To: Shenfield Route: ■ Depart: 09:00 - Arrive: 09:1611	From: Shenfield To: Southend Victoria Route: ■ Depart: 13:20 - Arrive: 13:3520
From: Southend Victoria To: Shenfield Route: ■ Depart: 05:00 - Arrive: 05:163	From: Shenfield To: Southend Victoria Route: ■ Depart: 09:20 - Arrive: 09:3512	From: Southend Victoria To: Shenfield Route: ■ Depart: 14:00 - Arrive: 14:1621
From: Shenfield To: Southend Victoria Route: ■ Depart: 05:20 - Arrive: 05:354	From: Southend Victoria To: Shenfield Route: ■ Depart: 10:00 - Arrive: 10:1613	From: Shenfield To: Southend Victoria Route: ■ Depart: 14:20 - Arrive: 14:3522
From: Southend Victoria To: Shenfield Route: ■ Depart: 06:00 - Arrive: 06:165	From: Shenfield To: Southend Victoria Route: ■ Depart: 10:20 - Arrive: 10:3514	From: Southend Victoria To: Shenfield Route: ■ Depart: 15:00 - Arrive: 15:1623
From: Shenfield To: Southend Victoria Route: ■ Depart: 06:20 - Arrive: 06:356	From: Southend Victoria To: Shenfield Route: ■ Depart: 11:00 - Arrive: 11:1615	From: Shenfield To: Southend Victoria Route: ■ Depart: 15:20 - Arrive: 15:3524
From: Southend Victoria To: Shenfield Route: ■ Depart: 07:00 - Arrive: 07:167	From: Shenfield To: Southend Victoria Route: ■ Depart: 11:20 - Arrive: 11:3516	From: Southend Victoria To: Shenfield Route: ■ Depart: 16:00 - Arrive: 16:1625
From: Shenfield To: Southend Victoria Route: ■ Depart: 07:20 - Arrive: 07:358	From: Southend Victoria To: Shenfield Route: ■ Depart: 12:00 - Arrive: 12:1617	From: Shenfield To: Southend Victoria Route: ■ Depart: 16:20 - Arrive: 16:3526
From: Southend Victoria To: Shenfield Route: ■ Depart: 08:00 - Arrive: 08:169	From: Shenfield To: Southend Victoria Route: ■ Depart: 12:20 - Arrive: 12:3518	From: Southend Victoria To: Shenfield Route: ■ Depart: 17:00 - Arrive: 17:1627

From: Shenfield
To: Southend Victoria

Route:■

Depart: 17:20 - Arrive: 17:35 28

From: Southend Victoria
To: Shenfield

Route:■

Depart: 18:00 - Arrive: 18:16 29

From: Shenfield
To: Southend Victoria

Route:■

Depart: 18:20 - Arrive: 18:35 30

From: Southend Victoria
To: Shenfield

Route:■

Depart: 19:00 - Arrive: 19:16 31

From: Shenfield
To: Southend Victoria

Route:■

Depart: 19:20 - Arrive: 19:35 32

From: Southend Victoria
To: Shenfield

Route:■

Depart: 20:00 - Arrive: 20:16 33

From: Shenfield
To: Southend Victoria

Route:■

Depart: 20:20 - Arrive: 20:35 34

From: Southend Victoria
To: Shenfield

Route:■

Depart: 21:00 - Arrive: 21:16 35

From: Shenfield
To: Southend Victoria

Route:■

Depart: 21:20 - Arrive: 21:35 36

From: Southend Victoria
To: Shenfield

Route:■

Depart: 22:00 - Arrive: 22:16 37

From: Shenfield
To: Southend Victoria

Route:■

Depart: 22:20 - Arrive: 22:35 38

From: Southend Victoria
To: Shenfield

Route:■

Depart: 23:00 - Arrive: 23:16 39

From: Shenfield
To: Southend Victoria

Route:■

Depart: 23:20 - Arrive: 23:35 40
