

Adam Rail

Duty: 4403

Day(s): Every Day

Start Time: 05:00 - End Time: 20:43

Break Times:

From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 05:00 - Arrive: 05:181	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 09:25 - Arrive: 09:4310	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 14:00 - Arrive: 14:1819
From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 05:25 - Arrive: 05:432	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 10:00 - Arrive: 10:1811	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 14:25 - Arrive: 14:4320
From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 06:00 - Arrive: 06:183	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 10:25 - Arrive: 10:4312	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 15:00 - Arrive: 15:1821
From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 06:25 - Arrive: 06:434	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 11:00 - Arrive: 11:1813	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 15:25 - Arrive: 15:4322
From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 07:00 - Arrive: 07:185	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 11:25 - Arrive: 11:4314	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 16:00 - Arrive: 16:1823
From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 07:25 - Arrive: 07:436	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 12:00 - Arrive: 12:1815	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 16:25 - Arrive: 16:4324
From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 08:00 - Arrive: 08:187	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 12:25 - Arrive: 12:4316	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 17:00 - Arrive: 17:1825
From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 08:25 - Arrive: 08:438	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 13:00 - Arrive: 13:1817	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 17:25 - Arrive: 17:4326
From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 09:00 - Arrive: 09:189	From: Adamdale Metrocentre To: London Fenchurch Street Route: ■ Depart: 13:25 - Arrive: 13:4318	From: London Fenchurch Street To: Adamdale Metrocentre Route: ■ Depart: 18:00 - Arrive: 18:1827

From: Adamdale Metrocentre
To: London Fenchurch Street

Route:■

Depart: 18:25 - Arrive: 18:43 28

From: London Fenchurch Street
To: Adamdale Metrocentre

Route:■

Depart: 19:00 - Arrive: 19:18 29

From: Adamdale Metrocentre
To: London Fenchurch Street

Route:■

Depart: 19:25 - Arrive: 19:43 30

From: London Fenchurch Street
To: Adamdale Metrocentre

Route:■

Depart: 20:00 - Arrive: 20:18 31

From: Adamdale Metrocentre
To: London Fenchurch Street

Route:■

Depart: 20:25 - Arrive: 20:43 32
