

# Adam Connect (New)

**Duty: 70**

Day(s): Every Day

Start Time: 03:00 - End Time: 19:35

**Break Times:**

|                                                                                                                |                                                                                                                 |                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 03:00 - Arrive: 03:471 | <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 10:30 - Arrive: 11:1510 | <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 18:00 - Arrive: 18:4719 |
| <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 03:50 - Arrive: 04:352 | <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 11:20 - Arrive: 12:0711 | <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 18:50 - Arrive: 19:3520 |
| <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 04:40 - Arrive: 05:273 | <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 12:10 - Arrive: 12:5512 |                                                                                                                 |
| <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 05:30 - Arrive: 06:154 | <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 13:00 - Arrive: 13:4713 |                                                                                                                 |
| <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 06:20 - Arrive: 07:075 | <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 13:50 - Arrive: 14:3514 |                                                                                                                 |
| <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 07:10 - Arrive: 07:556 | <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 14:40 - Arrive: 15:2715 |                                                                                                                 |
| <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 08:00 - Arrive: 08:477 | <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 15:30 - Arrive: 16:1516 |                                                                                                                 |
| <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 08:50 - Arrive: 09:358 | <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 16:20 - Arrive: 17:0717 |                                                                                                                 |
| <b>From:</b> Southend-On-Sea<br><b>To:</b> Progress Road<br><b>Route:</b> 70<br>Depart: 09:40 - Arrive: 10:279 | <b>From:</b> Progress Road<br><b>To:</b> Southend-On-Sea<br><b>Route:</b> 70<br>Depart: 17:10 - Arrive: 17:5518 |                                                                                                                 |